



THE UNIVERSITY of MISSISSIPPI

Bachelor of Science in Exercise Science

General Curriculum MAP

FALL (YEAR 1)	Writing 100, Writing 101 Or Honors 101	FINE ART OR HUMANITIES	MATH 121 College Algebra	EDHE 105 Freshman Year Experience	BISC 102/103 OR BISC 160/161*	TOTAL 16
SPRING (YEAR 1)	Writing 102, Honors 102 Or LIBA 102	PSY 201 Introduction To Psychology	MATH 123 Trigonometry	HP 191 Personal and Community Health	CHEM 103(3) OR 105/115(4)*	16
FALL (YEAR 2)	HISTORY	BISC 206 Anatomy & Physiology	SOC 101 Introduction to Sociology	ES 100 Introduction To Exercise Science	HP 203 First Aid and CPR	14
SPRING (YEAR 2)	HISTORY	BISC 207 Anatomy & Physiology II	MATH 115 Statistics	SPEECH 102 OR SPEECH 105	Writing 250 Advanced Composition	16
FALL (YEAR 3)	ES 338* Motor Learning and Control	PHYS 211/221 OR PHYS 213/223	ES 391 Trends & Topics in ES	200+ LEVEL LITERATURE	FINE ART	16
SPRING (YEAR 3)	ES 346/347* Kinesiology	ES 348/349* Physiology of Exercise and Lab	PROFESSIONAL ELECTIVE	ES 350 Research Methods in HESRM	ELECTIVE	17
FALL (YEAR 4)	ES 440* Behavioral Aspects of Exercise	ES 446 * Biomechanics of Human Movement	PROFESSIONAL ELECTIVE	ES 351 Measurements and Statistics in ES	ELECTIVE	15
SPRING (YEAR 4)	ES 473 OR 493* Practicum or Internship	ES 456/457 * Exercise Testing & Prescription	PROFESSIONAL ELECTIVE	ELECTIVE	ELECTIVE	16

Electives may be taken at any time during the four years

****This is a suggested plan; we cannot guarantee course enrollment****

Course #/Hours	Course Name	Prerequisites
CHEM 105/115 (4)	General Chemistry	B in CHEM 101, OR B in MATH 121 and MATH 123 OR B in MATH 125 OR Higher
BISC 160/161 (4)	Biological Sciences	B in MATH 121 and MATH 123 OR B in Math 125 OR Higher
ES 338 (3)	Motor Learning and Control	C or higher in BISC 206
ES 346/347 (3)(1)	Kinesiology W/Lab	C or higher in BISC 206
ES 348/349 (3)(1)	Physiology of Exercise W/Lab	C or higher in BISC 206 AND BISC 207 AND CHEM 101 or CHEM 105/115
ES 440 (3)	Behavior Aspects of Exercise	C or higher in PSY 201
ES 446 (3)	Biomechanics of Human Movement	C or higher in ES 346 AND C or Higher PHYS 211/221 or PHYS 213/223
ES 456/457 (3)(1)	Exercise Testing and Prescription W/Lab	ES 348/349 and MATH 121
ES 473 (3)	Practicum	23 Core Credit Hours Completed, Senior status and 2.5 Core GPA
OR		
ES 493 (12)	Internship	31 ES Core Credit Hours Completed, 9 Hours of Professional Studies and Senior status and 2.5 Core GPA